



TRIUND

VALLEY ADVENTURE

2875 Mt.

Triund Trek

1N/2D



Triund valley Adventure

TABLE OF CONTENT

● About the place	1
● Detailed Itinerary	2
● Inclusion & Exclusion	3
● Package Details	4
● Booking Procedure	5

ABOUT THE PLACE

About Triund Trek

Nestled in the majestic Dhauladhar Range of Himachal Pradesh, Triund is a paradise for nature lovers and adventure seekers alike. Known as the crown jewel of Dharamshala, this trek offers breathtaking panoramic views of the snow-capped Himalayas on one side and the Kangra Valley on the other. With its rolling green meadows, star-studded nights, and peaceful mountain vibes, Triund is the perfect escape from the chaos of city life. Whether you're a first-time trekker or a mountain enthusiast, this trail promises a magical blend of serenity, thrill, and unforgettable Himalayan beauty.

Detailed Itinerary

 **TRIUNDTREK ITINERARY (1 Night / 2 Days)**

 **Start/End Point: Bhagsunag waterfall**

 **Duration: 2 Days & 1 Night**

TrekDistance: ~7 Km (One side)

MaxAltitude: 9,350 ft (2,875 m)

**ATM: Last ATM at McLeodganj /
Bhagsunag**


MobileNetwork: Airtel / Jio

Difficulty Level: Easy to Moderate




DAY-WISE ITINERARY

DAY 1: McLeodganj/Bhagsunag → Triund/Base camp

- Report at Bhagsunag in the morning
- Trek starts via bhagsunag waterfall
- Scenic views of Dharamshala, Kangra Valley & Dhauladhar
 - Reach Triund by evening
 - Evening tea enjoy sunset
- Dinner & overnight camping under the stars 

Day 2 : Triund trek

DAY 2: Triund → Bhagsunag

- **Sunrise views over the Dhauladhar** 
- **Morning tea & breakfast**
- **Explore viewpoints & photography**
- **Trek down to Bhagsunag after breakfast**
- **Trip ends with memories for a lifetime**

INCLUSIONS



Dome Tent (triple/Double sharing)

- Sleeping Bag + Mattress
- Meals: Dinner (Day 1), Breakfast (Day 2)
- Evening & Morning Tea
- Trek Leader & Local Guide

EXCLUSION

- Forest/Environment Fee
- Personal expenses (snacks, bottled water etc.)
 - Any insurance
 - Mule / Porter for personal luggage
- Transport to/from trek starting point
- Anything not mentioned in inclusions



Things to carry

- Thermals, Warm Jacket, Trekking Pants
- Socks, Trekking Shoes, Raincoat/Poncho
- Sunglasses, Sun Cap, Sunscreen
- Headlamp/Torch, Powerbank
- Personal Toiletries, Medical Kit
- Water bottle (2L), Dry fruits, Energy bars, ORS
- Camera / Plastic bags for waste
- Trekking Pole (optional)